



Spring 2016 Newsletter

Visit our website at www.oakfieldshealthcentre.co.uk

Online Services Records Access



If you wish to, you can now use the internet to book appointments with a GP, request repeat prescriptions for any regular medications and look at your medical record online. You can also continue to use the telephone or call into the surgery for these services, (excluding repeat prescription ordering via telephone). Should you request online access to your medical record, two forms of documentation need to be provided as evidence of identity, one of which must contain a photograph. Please be advised that it may take the practice up to 14 days to review your application and grant access, if appropriate. Once access has been authorised you will be given login details, so you will need to think of a password which is unique to you. This will ensure that only you are able to access your record, unless you choose to share your details with a family member or carer.

Benefits of cervical screening: It is estimated to save around 4,500 lives each year in the UK. Women screened between the ages of 35 to 64 are thought to have a 60 – 80% lower risk of being diagnosed with cervical cancer.

If you notice any unusual changes, please see your GP. If you would like any further advice or information about cervical screening please speak to the Practice Nurse at the surgery.

Bowel Cancer Screening

Bowel cancer screening aims to detect bowel cancer at an early stage when treatment is more likely to work. It can also sometimes prevent bowel cancer from developing.

The screening programme sends out a test kit every 2 years to men and women between the ages of 60 – 74. The simple kit is completed in the privacy of your own home and is an easy way for you to collect small samples of your poo. There are detailed instructions with each kit.

Benefits of bowel cancer screening: If bowel cancer is diagnosed at the earliest stage there is a good chance it can be cured. Statistics show more than 9 out of 10 people (90%) survive their cancer after 5 years or more. When found at a late stage, the chances of survival are much lower.

If you notice any unusual changes, please see your GP. If you would like any further advice or information regarding the bowel cancer screening programme please speak to the Practice Nurse at the surgery.



It will be your responsibility to keep your login details and password safe and secure. If you know or suspect that your record has been accessed, then you should change your password immediately. If you can't do this for some reason, we recommend that you contact the practice so that online access can be removed until you are able to reset your password.

If you print out any information from your record, it is also your responsibility to keep this secure. If you are at all worried about keeping printed copies safe, we recommend that you do not make copies at all.

Although the chances of any of these things happening are very small, you will be asked to read and sign that you have understood the following before you are given login details:

Forgotten History

There may be something you have forgotten about in your record that you might find upsetting.

Abnormal results or bad news

If your GP has given you access to test results or letters, you may see something that you find upsetting.

Choosing to share your information with someone

It's your choice, but also your responsibility to keep the information safe and secure.

Coercion

If you think you may be pressurised into revealing details from your record to someone else, it is best not register for access.

Misunderstood information

Some of the information within you're your medical record may be highly technical and not easily understood.

Information about someone else

If you spot something in the record that is not about you or notice any errors please contact the practice as soon as possible.

Screening programmes

NHS Breast Screening Programme

Breast screening is available to women between the ages of 50 to 70 every 3 years. Currently the programme is being extended to include women from the ages of 47– 73. Women over the age of 70 can still have breast screening every 3 years, but they will not be automatically invited, if you are aged over 70 and would like to make an appointment speak to your Practice Nurse to find out how.

Benefits of breast screening: Breast cancers can be found at an early stage, when they are usually easier to treat, may need less treatment and are more likely to be cured. Current evidence suggests that breast screening reduces the number of deaths from breast cancer by around 1,300 per year.

It is important to check your breasts regularly and if you notice any unusual changes please see your GP. If you would like any further advice or information about breast screening please speak to the Practice Nurse in the surgery.

NHS Cervical Screening Programme

Cervical screening is a way of preventing cancer by finding and treating early changes in the neck of the womb (cervix). These changes could lead to cancer if left untreated. The NHS Cervical Screening programme invites women from the ages of 25 to 64. Women aged 25 – 49 years are invited to take part every 3 years, after 49 women are invited to take part every 5 years until the age of 64.